Principal’s Page

The staff at our school do a great job educating our children. With extra resources, we could make an even bigger difference to our students' learning outcomes.

Currently, the Victorian government spends less on public education per student than the national average. In fact, the Victorian government spends $1881 less per student than the national average. For our school of 370 students this would mean the equivalent of 6 full-time teachers.

Imagine what our school could do if we had all that extra funding! That money could be used for extension programs, smaller classes, literacy and numeracy support...]. Standing together, our school community has the power to influence politicians' decisions. Whatever your voting intention, I urge you to put your child's education first by speaking up.

Contact our local politicians, of all political persuasions, and let them know how important public education is for your children and ask them what they are going to do to close the funding gap.

### Upcoming Events

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School Banking Every Tuesday
Every 10 weeks of banking you can order a prize

Enrolment Packs available For 2015

Sherpa Kids Before & After School Care at Rangebank Primary School
Enrolment Packs available at the office

Phone 0413 137 571 or 0466 366 998

### Trivia Night
This is going to be big and a lot of fun. There are tables being booked now, please register as a table of ten ($150) or as an individual ($15). October 24th from 6:30 —> Hats

Another reminder that it is the School Council policy that all children wear an approved hat in terms 4 and 1. Please check that your child has there hat otherwise they are required to play only in an approved shaded area!

### Breakfast and Fruit Club
Sophia Stoman has operated the fruit cutting service for a number of years now but due to other pressures, has had to relinquish the role together with her wonderful band of helpers. The fruit cutting has occurred every Thursday where fruit is bought from local supermarkets (largely donated) and then cut up and served to the children from around 10:00am. To keep this program going, we need volunteers otherwise it will be cancelled.

The breakfast club, who provide our children with an amazing breakfast each Monday also require assistance as it is falling again on too few. If you are able to help, please contact Brooke at the office.

### EMA
For 2015 parents no longer receive Educational Maintenance Allowance (EMA) payments. EMA was for families with a valid health care card. EMA provided many parents with a way of paying for school books, fees, uniforms, excursions, etc. Funds are now going to be provided directly to the schools in one big bundle. Whether it will cover previous EMA payments to families, schools are not sure. Our office is preparing a way to pay by instalments if this is a better way for parents to cover the costs of books and school fees. I will send more details out regarding these funds later.

Colin Avery,
Principal of a school that is keen to have a great last term!
**TEMA 4 Monday 6th October –Friday 19th December**

**Wednesday 15th October**
Finishing Wed 26th Nov.

**Thursday 16th October**
Curriculum Day

**Monday 20th October**
Grade 5 to visit and work at Lyndhurst Secondary

**Tuesday 21st October**
Visit your grandchild’s classroom from 10-11.30am and have morning tea in the staffroom from 11.30-12pm. An opportunity to purchase laminated photos of the senior concert for $2.50ea

**Friday 24th October**
Trivia Night-If you would like to volunteer to help on the night or book a table, please do so at the office

**Wednesday 5-7th November**
Grade 5 Camp Allembee. Three day fully catered camp. Cost $225.00. Payment due Wednesday 22nd October

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**TRIVIA NIGHT FRIDAY 24TH OCTOBER**

*It will be a funfilled night with trivia, games and lots of live and silent auctions. We have a lot of donations from supporting businesses. Bring along your friends and family and book a table of 10 for $150 or $15pp. BYO drinks and nibbles, light super, tea & coffee will be provided. We are asking people to arrive at 6.30pm so you can see all the auction items and catch up with everyone before the start time at 7pm.*

**Raffle Tickets Are Selling Now**

*10 for $10*

Over 20 prizes to be won

Will also be for sale on the night.

Money raised will go towards funding new books for the whole school.

*Please purchase raffle tickets from the school office*

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**Sporting Activities**

If you are looking for sporting activities for your child/ren, Rangebank has a lot on offer:

*Kelly Sports-contact Darren 0402 224 116*

*big5sports-contact Simon 1300 766 341*

*Super Soccer Kids-contact Greg 0413 919 727*

*Kim Annette Dance School– contact Kim/Amber on 0411 772 843 or 0433 545 005*

If you require any information about the sports please pick up a brochure from the school office

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**Michael Grose—Parenting Advice**

Hi Michael,

My kids are obviously very tired as end of term and so am I. I have 9 year old boy, 7.5 year old girl. My kids NEVER listen to me. I’m a single parent. I read your articles & listen & try every rule in the book to encourage listening.

Is there one favourite tried & tested method that works without resorting to wooden spoon threatens all the time or having a long list of consequences in place which I can barely remember as there can be a lot of them going at the same time? I even have to keep a diary of what I’ve dealt out to each of them.

Thanks., Frazzled

**Dear Frazzled,**

One single rule is - *Don’t threaten things you can’t follow through with.* I know you know this, but we often forget one of this important parenting basic.

Let’s back up a little before I get to the nitty-gritty. Toward the end of term everyone gets frazzled, including you.

Tempers fray and cooperation is harder to get. Everything seems so much harder when you are tired, doubly so if you are a single, working parent. So forgive yourself, and your kids.

Use this holiday time, even though you are probably still at work, as time to take stock, regroup and make a fresh start with your kids.

If you have to keep a diary about all the consequences you have then I suspect things are too complicated. Generally, kids won’t cooperate with you when there is a strict regime of consequences so make sure you’re not piling one consequence on top of another.

Keep things simple.

It’s good to remember that good will goes along way towards getting cooperation so look for ways of fostering relationships and having some fun with your kids. As a single parent you are probably playing ‘bad cop’ all the time so look for ways to introduce some ‘good cop’ into your parenting.

As to strategies to get co-operation, here are three ideas I’d like to see you try:

1. Give ‘divide and conquer’ a go. That is, ask one at a time to cooperate, help you, clean up or whatever it is you want help with. Then show them individually that you value their help. It’s often easier to get co-operation one at a time.

2. Use five words or less to get cooperation. I wonder if they are just turning off because you get angry and/or overtalk. I always think it’s better to go low, not loud when you want to be listened to. Also try to keep messages positive. If you do say “Don’t” then end on a positive as kids usually remember the last words you say. (E.G. “Don’t shout inside, speak quietly.”)

3. Use ‘nonchalant non-cooperation’. This strategy works well with non co-operative children at your children’s developmental stage. Let kids know what you expect or want from them, but if they don’t help then look to withdraw your help on something they value (maybe they can walk to school rather than you drive them) as a reminder that your family and you will only function well if everyone pulls their weight. *BUT* it needs to be done calmly, almost nonchalantly so that kids don’t think you care either way. Sometimes when you want something more than they do, they tend hold out.

Not everything works all the time with children so I suggest you experiment with different ideas. Keep things simple rather than trying to do too much.

Take care,

**Michael Grose**
LEARN TO PLAY GUITAR

Keyboard Kids Music School would like to offer your child the opportunity to learn the GUITAR Lessons are held during school time and are for 30 min. Students perform in assembly in term 2 & 4 and have other recitals during the year! Please email keyboard-kids@bigpond.com for an enrolment form or call Shelly for more information on 0417 390 489

FREE TRIAL LESSON

There’s something for Everyone! Incorporating singing, dancing, gymnastics & ballet. Confidence building, team work & fun. Join in 2015 and receive 2 free classes. Please contact leawarracalisthenics@live.com.au or www.leawarracalisthenics.com, 44 Peninsula Blvd Seaford

Schools are often looking for organisations who are able to assist us. Stockdale and Leggo Real Estate have very generously offered to assist us in marketing our school in the Cranbourne area. In return, we are very happy to encourage our community to use Stockdale and Leggo Cranbourne as a worthy company to contact if you are wishing to buy, sell or lease your home. Please speak to our fabulous office people who will forward your name onto Stockdale and Leggo. This also applies to family, friends or acquaintances.

The school then profits from a recommendation fee and of course the communication to new families ‘that Rangebank Primary is a great school’ is passed on by Stockdale and Leggo.

WE ARE NOW AT RANGEBANK PRIMARY SCHOOL!

Who we are?
A Family Owned Private Tuition Company. We have been servicing the suburbs of Melbourne, Sydney and Brisbane for more than 15 years.

What we do?
Teach English and Mathematics for Prep to Year 10 students who require that extra help, or just wishing to learn in advance.

Where are we?
RANGEBANK Primary School on Saturdays during the School Term.

Class Times?
9.30am to 12.30pm and 1.30pm to 4.30pm

ENQUIRE NOW!

Cost: 30 min private lesson-$28

20 min private lesson-$19

30 min shared lesson (group of 2)-$18

Please email keyboardkids@bigpond.com for an enrolment form or call Shelly for more information on 0417 390 489

LEARNING to play a musical instrument has been shown to have great

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Come & Try Calisthenics
Precious prizes to be won when you save regularly.
Complimentary entry to Carnival of the Dance with School Ballet.

Keyboard Kids Music School
0417 390 489
Keyboardkids@bigpond.com
Learn the Piano Free Trial Lesson
Looking for ways to enhance your child’s learning, then music may strike the right chord

Keyboard Kids Music School would like to offer your child the opportunity to learn the piano. Lessons are held during school time and also after school hours.

Cost: 30 min private lesson-$28

20 min private lesson-$19

30 min shared lesson (group of 2)-$18

Please email keyboardkids@bigpond.com for an enrolment form or call Shelly for more information on 0417 390 489

We are happy Banking for your chance to win a fantastic prize

competition starts from 20/10 until 30/11. Every deposit is an entry into the competition.
Get your kids walking to school in October and build healthy habits for life!

Did you know that only one in five Australian primary school children gets the recommended 60 minutes of physical activity every day? Physical activity is vital for children. It helps them achieve and maintain a healthy weight, builds strong bones and muscles and improves balance, movement, coordination and brain development.

A fun, free and easy way for you and your children to get active in October is to join VicHealth’s Walk to School. As well as the health benefits, regularly walking to and from school can help develop children’s social skills and knowledge of road safety, and improve their self-confidence and independence.

Parents will also benefit. More than two-thirds of Australian adults get no, or very little, exercise. So getting active as a family will improve everyone’s health. Walking to and from school also means more time to chat with your kids, and gives you a break from traffic congestion.

Visit the Walk to School website to check if your child’s school is registered, or register your child online. The campaign kicks off on the first day of Term 4, Monday 6 October, and children are encouraged to walk to and from school every school day in October. Your child can join more than 30,000 students across Victoria as they start building healthy habits for life.

www.walktoschool.vic.gov.au

Tips on preparing to let kids walk unsupervised during Walk to School

Every child is different, but if you feel yours is ready to begin walking independently, there are a range of benefits. Travelling without adults helps children develop a sense of control, independence and confidence in making their way around their world.

Letting go is challenging but can be managed in stages:

- Teach your children road safety and navigation skills by riding or walking around your neighbourhood.
- Talk with neighbours about establishing buddy groups of older children who can walk or ride together without adults.

OPSWM is proud to present Penny the Pirate. It’s a story book that will allow parents to screen their child’s vision and will help them discover whether they would benefit from an eye test. The eye screening covers some of the most common vision issues found in children aged 3-10, distance vision, colour vision and depth. Parents may use the book at Rangebank or contact OPSM for a copy.

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GRANDPARENTS MORNING

Calling all grandparents - You are invited to attend a special event, ‘Grandparents Morning’ at Rangebank Primary School on Tuesday 21st October from 10am to 12pm.

Visit your grandchildren’s classroom between 10am to 11:30am then come and join us for morning tea in the staffroom from 11:30am to 12pm.

Also on sale will be photos from our Senior production “Shrug” which you will be able to order. These will be printed, laminated and brought home to you by your grandson/granddaughter in the following week. Payment will need to be on the day. Each photo will cost $2.50.

We look forward to seeing you.

### TRIVIA NIGHT

Friday 24th October, arrive 6.30pm for a 7pm start in the Multi Purpose Room at Rangebank Primary.


$15 per person, table max is 10, limited tables available so first in best dressed.

Bookings and Payments to be made by contacting the office staff at Rangebank by 11.00am Tuesday 21st October.

BYO drinks and nibbles.

Light Supper will be provided.

Crazy Games for all to play, so bring your gold coins along.

Raffle 10 tickets for $10
TERM 4 Lunch Order Form
THIS IS A PRE-ORDER AND MUST BE RETURNED BY TUESDAY 14TH NO LATER THAN 9:30AM.

**Date: Friday 17th October**

Name: ........................................ Grade: .................

Please tick

**Lunch Choices**
- Crispy Chicken Salad Wrap (lettuce, cheese, cucumber, tomato, carrot) $4.50
- Toasted Ham and Cheese Sandwich $2.00
- Toasted Cheese and Tomato Sandwich $2.00
- Meatball Sub with grated cheese $4.50

**Snack Choices**
- Vanilla Custard $1.00
- Banana Pikelet $1.00
- Jam Tart $0.60

**Drink Choices**
- Milk $1.50
- Chocolate .......... Strawberry....... Honeycomb........

**Window Sales**
- Lol Razzbri/Mandarin/BlkCurrant $1.50
- 100% Juice Apple/Tropical/Orange $1.00
- Nippys Milk Choc/Straw/Hcomb $1.70

- Cup of Soup Chicken Noodle $1.00
- Fantastic Noodles Beef/Chicken $2.50
- Steam Dim Sims 3 for $2.00
- Corn on the Cob $ .80
- Party Pies-Wednesdays Only 3 for $2.00

- Ovalteenies $1.00
- JJ Snacks Chicken $1.00
- Gingerkids $1.00
- Red Rock Chips Honey & Soy/Plain $1.00
- Smiths Chips Plain/S&V $1.00
- Red & Black Licorice 5 pc $1.00

- Tubes $ .30
- Raspberry Munchable (like a Calipo) $1.10
- Milky Mates Choc/Van/Caramel $ .80
- Water Ice Blocks $ .50
- Ice Cream Cups Vanilla $1.20
- Frozen Yoghurt $1.20

Please add 20cents if you do not have your own brown bag to send

**Total....................**

Please place order and money in a paper bag. Limited stock is available over the counter

Please be aware that some items may contain traces of dairy products, eggs and or nuts. If your child has allergies or intolerances please contact the canteen via the office for information on all items available.

**Breakfast Club**
Starts week 3 on Monday 20th October

**Volunteers Needed!**
If you have an hour to spare on a Monday morning and would like to help please contact the office to leave your details

**Trivia Night**
Volunteers Needed!
If you have any spare time to assist with the Trivia Night please leave your details at the office