**Principal’s Page**

**School Uniform and Personal Appearance Policy**

This year we are concentrating on all students to ensure they are correctly attired according to our school council approved policy. I have attached it in this newsletter. Please read and make yourself familiar with it.

**SRI (Special Religious Instruction—Christian)**

SRI is being offered again to Years 1 and 2 children. This is now an ‘opt in’ program so if you would like your child to attend, please see the office for a SRI permission form.

**Japanese Schools orders no-computer games-days for students**

Alarmed at falling standards in its classrooms, the board of education for one Japanese prefecture is calling on parents to introduce no-computer game days twice a month, and that includes for parents.

Children in Hokkaido, Japan's most northerly island, fared poorly in a series of recent nation-wide tests, according to national broadcaster NHK, coming in below the average for the country as a whole.

The local education authority has concluded that children spend too much time playing games on their mobile phones, computers or hand-held consoles and have proposed February 2 as the prefecture's first "No Game Day".

The authorities are asking parents to set a good example to their children by similarly refraining from games for two days a month and, instead, find a pastime that the whole family can enjoy together.

As an example, the board is arranging a series of events across Hokkaido on Sunday, the day before the first designated no-game day, including fishing and snow rafting.

Shinsuke Asai, a member of the board, said the aim is to "put in place a desirable lifestyle through distancing children from video games and increasing the learning experiences they have with their family circle and friends".

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**Term 1**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>16th February</td>
<td>Prep Photos</td>
</tr>
<tr>
<td>19th February</td>
<td>Welcome to New Parents Afternoon Tea</td>
</tr>
<tr>
<td>20th February</td>
<td>Bring a Lucky Jar</td>
</tr>
<tr>
<td></td>
<td>Dress up as a Sports Star</td>
</tr>
<tr>
<td>23rd February</td>
<td>First Aid for students age appropriate training</td>
</tr>
<tr>
<td>26th February</td>
<td>Parent Info Night</td>
</tr>
<tr>
<td></td>
<td>Introducing Compass</td>
</tr>
<tr>
<td>27th February</td>
<td>Crazy Hair Day</td>
</tr>
<tr>
<td></td>
<td>Bring a soft drink bottle</td>
</tr>
<tr>
<td>2nd March</td>
<td>Preps start full time</td>
</tr>
<tr>
<td>4th March</td>
<td>School Interviews</td>
</tr>
<tr>
<td></td>
<td>Year 6 Info Night</td>
</tr>
<tr>
<td>9th March</td>
<td>Labour Day Holiday</td>
</tr>
<tr>
<td>13th March</td>
<td>Market Night</td>
</tr>
<tr>
<td>23rd March</td>
<td>Harmony Day</td>
</tr>
<tr>
<td></td>
<td>Bernard’s Show</td>
</tr>
</tbody>
</table>

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**School Banking Every Tuesday**

Every 10 weeks of banking you can order a prize

Sherpa Kids Before & After School Care at Rangebank Primary School

Enrolments Packs available at the office

Phone Rose: 0413 137 571
School Uniform and Personal Appearance Policy

The Rangebank Primary School community believes in the need for a Uniform Policy for its students.

AIMS:
The aims are to –
Provide recommendations to the school community regarding school uniform, which take into account the health and safety of students.
Create a sense of collective and individual pride in students to belong to Rangebank Primary School.
Enhance group and individual security.

IMPLEMENTATION:
Our school promotes the following Dress Code –

Uniform
- The school expects all children to wear the Rangebank Primary School uniform, (as listed below) of navy blue and red.
- Jeans are not part of the school uniform
- Netball skirts are not part of the school uniform.
- Singlet tops are not part of the school uniform.

Singlet tops are not part of the school uniform.

SUMMER:

<table>
<thead>
<tr>
<th>GIRLS</th>
<th>BOYS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Red and white check dress</td>
<td>Navy blue shorts</td>
</tr>
<tr>
<td>Navy blue shorts/ ¾ length/ culottes</td>
<td>Navy blue or red polo shirt (long/short sleeve)</td>
</tr>
<tr>
<td>Navy blue or red polo shirt (long/short sleeve)</td>
<td>Navy blue windcheater or bomber jacket</td>
</tr>
<tr>
<td>Navy blue skirt</td>
<td></td>
</tr>
<tr>
<td>Tunic</td>
<td></td>
</tr>
<tr>
<td>Suitable closed toe shoes / sneakers</td>
<td>Suitable closed toe shoes / sneakers</td>
</tr>
</tbody>
</table>

WINTER:

<table>
<thead>
<tr>
<th>GIRLS</th>
<th>BOYS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Navy blue tracksuit pants / bootleg pants</td>
<td>Navy blue tracksuit pants</td>
</tr>
<tr>
<td>Navy blue or red polo shirt (long/short sleeve)</td>
<td>Navy blue or red polo shirt (long/short sleeve)</td>
</tr>
<tr>
<td>Navy blue windcheater/bomber jacket</td>
<td>Navy blue windcheater/bomber jacket</td>
</tr>
<tr>
<td>Tunic / skirt</td>
<td></td>
</tr>
<tr>
<td>Navy blue or red beanie</td>
<td>Navy blue or red beanie</td>
</tr>
<tr>
<td>Suitable closed toe shoes / sneakers</td>
<td>Suitable closed toe shoes / sneakers</td>
</tr>
</tbody>
</table>

The grade 6 students have a special windcheater and or polo top which parents are able to purchase prior to the beginning of the year. Parents will be informed, through the school, of the timeline for the purchase of these garments.

Footwear
- The only shoes permissible are appropriate closed toe shoes or sneakers.
Students must wear clothing and footwear, which is safe and appropriate to the activity in which they are involved.
Clothing and footwear, which inhibits movement, or has the potential to get caught or be pulled, is inappropriate and unsafe. Thongs, or shoes without backs and surf sandals are not permitted. Shoes that do not attach to the heel of the foot pose a safety concern.

Jewellery
- Other clothing and accessories (such as jewellery), which may detract from a safe and positive learning environment, or have the potential to cause injury to the wearer and/or others are considered inappropriate. This would include – bracelets, anklets, neck chains, rings on fingers.
- Students may wear earrings to school but only in the ears (up to 2 per ear). Dangling style earrings are considered dangerous and are not permitted to be worn. Plain sleepers or studs are recommended.
- Nose rings/jewellery, lip rings and eye brow rings are not permitted.
- Exposure of a pierced belly button is not permitted.
- A watch may be worn. But no other jewelry is to be visible.
Fake and acrylic nails are banned.

**SunSmart**
Students must wear wide-brimmed or legionnaire style hats, during terms 1 and 4. Staff will direct students without appropriate hats to remain in a suitable shaded area.

**Hairstyles**
- Students at Rangebank Primary School must take care with their personal appearance. It is recommended that long hair be tied back to minimise the risk of injury and potential hygiene problems. Extreme hairstyles are not permitted. This includes brightly coloured, striped, bleached, spiked or dyed hair.
Make up and nail polish should not be worn to school.

**CONSEQUENCES:**
- Students not in school uniform can be asked to explain and if required have a uniform infringement notice sent home.
- On days announced as “Free Dress”, students may attend school out of uniform but they must be dressed in appropriate attire.
- The Principal will be the final arbiter in interpretation of this policy.
A student who consistently does not conform with the Uniform Policy will have the normal discipline procedures apply.

A small supply of school uniform is available at the office to –
Provide clothing at a nominal cost to families.

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**Parents and School Fees**

You may have read in the press that the Victorian Auditor-General has released a report on school costs for parents.

In response to the report's findings, the Minister for Education has asked the Department of Education and Training to review its parent payment policy.

As a result of any changes to the Department's policy, we will work with our school council to update our own policy.

We don't expect any changes until later in 2015 and we will let you know well in advance.

The Department's parent payment policy is what we use to guide us in deciding what we will ask you to pay each year.

We review our own parent payment policy, in conjunction with our school council, on a yearly basis and notify you of any changes through our [newsletter].

Our aim is to ensure our policy meets parents' expectations, while also ensuring that all of our students are able to participate in the programs we offer.

Our policy sets out what we ask you to pay for to support your child's learning, such as books and stationery, and what we ask for optional extracurricular activities.

Our policy also sets out what we ask parents to make voluntary contributions to, and where these funds will be directed (for example, to assist with new building and grounds works, or purchasing library and sports equipment.)

As always, if you have any queries, or would like to discuss how the school can support you in financial matters, please call me on 5996 8900.
Monday 16th February
Prep Photos

Thursday 19th February
Welcome to new parent’s in the staffroom for afternoon tea from 2.30pm – 3.15pm

Friday 20th February
Bring a lucky jar – Dress up as a sports star

Monday 23rd February
First Aid for students – age appropriate training

Thursday 26th February
Parent Info Night Introducing Compass—New reporting Compass program. Time 5.00pm to 6.00pm in the Multi Purpose Building

Friday 27th February
Crazy Hair Day – Bring a soft drink bottle

Monday 2nd March
Foundation students attend school full time

Wednesday 4th March
School Interviews, grade foundation – 5 from 2.00-6.00pm
Year 6 Information Night from 5.45pm-6.30pm

Monday 9th March
Labour Day Holiday

Friday 13th March
Market Night

Monday 23rd March
Harmony Day—Bernard’s Show” The Spirit of Polynesia” Cost $6.00

2. Build developmental knowledge
Many challenges parents experience with their children are due to a developmental mismatch. That is, parents raising their ten year old as if they are eight. The nuances of parenting are age-related, yet due to inexperience we so often don’t read the cues. Recently, I witnessed a mum and dad tearing their hair out trying to communicate with their nine-year-old son. For the first time he was saying no to them. They thought him stubborn and disobedient. I thought him normal, as nine can be a problematic age, where usually malleable children suddenly start changing. Puberty is stirring. When this couple’s second child turns nine she will experience the benefits of her elder brother paving the way and breaking her parents in for her.

3. Swim against the tide
Listen to talkback radio, read the headlines of a newspaper or watch a current affairs TV program and you’ll realise that, right now, we live in an incredibly judgemental society. Parents are harshly judged as well. Allow your kids to walk to school and you risk being judged as negligent. Drive your kids to school and you risk being told that you are spoiling them and neglecting their physical wellbeing. It takes a strong parent to swim against the tide of popular opinion. It also takes a strong parent to deny her child say a mobile phone when every other child has one. It helps to say “This is the way we do it in our family.”

4. Be brave
Perhaps the biggest challenge facing parents, and their children, is the ability to let go of their parental reigns and give kids the freedom they need to develop autonomy. It’s relatively easy to develop children’s independence at home as the stakes aren’t as high. If they can’t cook a meal then you just have to do it for them. However, developing children’s independence outside the home is a different story. Granting kids freedom has an element of risk; that’s why parents need to be brave. Having the courage to let go is a basic requirement of parenting. It won’t stop you worrying, but that’s part of the game.

5. Add emotional intelligence to your parenting mix
With kids experiencing mental health challenges at a depressingly high rate it’s time to add some emotional intelligence to the parenting mix. While many schools are now introducing emotional and social programs on the curriculum, it’s important that parents develop a deep understanding of how emotions work: how emotions can be recognised; how they can work for us and against us; how we can regulate our emotions so they don’t overwhelm us; and how to recognise and respond to the emotions of others. These sound like life-changing skills that if learned, are capable of impacting significantly and positively on future generations.

For more of my Parenting Gold and if you want to take the fast-track to parenting success in 2015 then join Parenting ideas Club. We have an exciting year ahead planned for Club Members!

Parenting Advice 2015
The requirements for effective parenting are changing rapidly, just as the profile of parents is changing. If you add to this mix that children are growing up at the speed of light, information technology can make parents seem redundant, and increasingly parents claim lack of time is their biggest impediment to effective parenting. So what is a parent to do?

Here are 5 golden rules to guide you along your parenting journey in 2015:

1. Build confidence
With so many parents reporting that they have a child experiencing anxiety it would seem that we are currently experiencing a crisis in children’s confidence. It would also seem that we have somehow forgotten how to absorb children’s fears, insecurities and anxieties, and instill a sense of confidence that these can be overcome. Using a mixture of coaxing, coaching and cajoling parents need to find a way to impart in children a sense of courage to put themselves in new or potentially awkward social situations; to have a go at activities where failure is a real option; and to contribute to the wellbeing of others, which reduces anxiousness and fear.

Change of Information
Please update the office if there have been any changes in your circumstances such as phone numbers, addresses, access/restriction court orders, emergency contacts etc.
Cont’d pg 1
The prefecture’s request has attracted a degree of criticism, but research suggests that there is a clear link between the amount of time a child spends surfing the net or playing computer games and their test results.
In a study conducted by Japan’s ministry of education last year, junior high school students who admitted to using the internet for four or more hours a day got an average of 68 per cent in a maths test. Students who spent less than an hour a day on the internet scored an average of 79.5 per cent.
Pupils who played games for more than four hours a day scored 67.8 per cent in a separate maths test, while children who played for less than an hour a day got an average of 79.9 percent.

What if you gave someone a gift, and they neglected to thank you for it -- would you be likely to give them another? Life is the same way. In order to attract more of the blessings that life has to offer, you must truly appreciate what you already have.”

-- Ralph Marston, American writer

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Window Sales 2015

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lol</td>
<td>$1.50</td>
</tr>
<tr>
<td>Juice Box</td>
<td>$1.00</td>
</tr>
<tr>
<td>Nippys Milk choc/straw/hcomb</td>
<td>$1.50</td>
</tr>
<tr>
<td><strong>Wednesday Only – party pies &amp; mini sausage rolls</strong></td>
<td></td>
</tr>
<tr>
<td>Fantastic Noodles beef/chicken</td>
<td>$2.50</td>
</tr>
<tr>
<td>Steamed dim sims</td>
<td>$2.00</td>
</tr>
<tr>
<td>Cup of soup chicken noodle</td>
<td>$1.00</td>
</tr>
<tr>
<td>JJ snacks chicken</td>
<td>$1.00</td>
</tr>
<tr>
<td>Gingerkids</td>
<td>$1.00</td>
</tr>
<tr>
<td>Red rock chips honey soy/plain</td>
<td>$1.00</td>
</tr>
<tr>
<td>Smiths plain &amp; salt &amp; vin</td>
<td>$1.00</td>
</tr>
<tr>
<td>Red or blk licorice</td>
<td>$.20</td>
</tr>
<tr>
<td>Ovalteenies</td>
<td>$1.00</td>
</tr>
<tr>
<td>Tubes</td>
<td>$0.30</td>
</tr>
<tr>
<td>Milky mates choc/van/ban</td>
<td>$0.80</td>
</tr>
<tr>
<td>Water ice blocks</td>
<td>$0.50</td>
</tr>
<tr>
<td>Ice cream cups vanilla</td>
<td>$1.20</td>
</tr>
<tr>
<td>Frozen yoghurt</td>
<td>$1.20</td>
</tr>
</tbody>
</table>

OPEN EVERY WEDNESDAY LUNCHTIME

Please ensure all lunch orders are handed in by Tuesday 9.30am the latest

No late orders will be accepted!

PMI Music

Ahead of lessons starting in week 3, we wanted to send a quick summary of key information (below).

Also, now that we are offering both keyboard and guitar (as of last week) we propose for lessons to run from the second session of the school day (i.e. 12noon) and continue after lunch given the level of student participation expected. I hope this is ok, and please email/call me on Monday if any issues with this approach.

Lessons commence on **Tuesday 10 Feb, 2015**.

Your teacher for term 1 is **Elzna Mynhardt** (for keyboard and guitar)

We will create a revised timetable for lessons in week 5 if we receive additional enrolments

If you ever need assistance, please don't hesitate to call myself, Bevan (our other Co-Program Director) or Liana (Head of Schools and Teachers)

Any parent enquiries can be directed to our Parent Support team: admin@primarymusicinstitute.com.au or 1300 362 824

Generally each keyboard or guitar lesson will begin with revision, usually of basic theory/note-reading and also of pieces learnt the previous weeks. This is done on a whiteboard or by gathering students around one instrument and studying material in the textbook.

In almost all lessons, there is a mixture of time spent between students working individually and playing together as a group. The teacher will usually gather the students around one instrument fairly early in the lesson to share the strategy and goals for the lesson. Each student will be given material to learn depending on his/her level of advancement. In some cases this results in students working on different pieces within one lesson, but usually towards the end of the lesson, some time will be spent with all students playing together as a group.

Canteen Rosters Term 1

**Friday 13th February**
Shelly Lynch, Cameron Jeffs, Sam Gaskin, Janet Adams; Nicole Gilligan & Kerry Parsons

**Friday 20th February**
Jenelle Proudlock, Rita Jenkins, Natalie Goodman, Rebecca Halton, Loo Lawrence & Janet Adams

**Friday 20th February**
Jenelle Proudlock, Rita Jenkins, Natalie Goodman, Rebecca Halton, Loo Lawrence & Janet Adams
Schools are often looking for organisations who are able to assist us. Stockdale and Leggo Real Estate have very generously offered to assist us in marketing our school in the Cranbourne area. In return, we are very happy to encourage our community to use Stockdale and Leggo Cranbourne as a worthy company to contact if you are wishing to buy, sell or lease your home. Please speak to our fabulous office people who will forward your name onto Stockdale and Leggo. This also applies to family, friends or acquaintances.

The school then profits from a recommendation fee and of course the communication to new families ‘that Rangebank Primary is...’

new Families Always Welcome  
Open 7 Days and Late Weeknights  
Corner Thompson and Woodbine Roads  
Cranbourne North Vic 3977  
PH: 5996 9000

We aim to provide a wide range of services for our patients in an affordable, caring and friendly environment.

We bulk bill pensioners, HCC holders and children under 16 years of age.

Our website: www.thompsonroadclinic.com.au

Our services include: General Practitioners, Physiotherapy, Podiatry, Dietitian, Dental, Speech Therapy, Psychology, Mental Health Nurse, Visiting Specialists, Industrial Medicine, Diabetes Education, Emergency Room, Pathology, Audiology, Mole Mapping, Radiology, Pharmacy and a Café.

WE ARE NOW AT RANGEBANK PRIMARY SCHOOL!

Who are we?
A Family Owned Private Tuition Company. We have been servicing the suburbs of Melbourne, Sydney and Brisbane for more than 15 years.

What do we do?
Teach English and Mathematics for Prep to Year 10 students who require that extra help, or just wishing to learn in advance.

Where are we?
RANGEBANK Primary School on Saturdays during the School Term.

Class Times?
9.30am to 12.30pm and 1.30pm to 4.30pm

ENQUIRE NOW!

Web: www.nqt.com.au    Phone: 1300 791 878

SCHOOL BANKING

YOU COULD WIN A FAMILY TRIP TO DISNEYLAND

In a School Banking first, students who make 25 or more School Banking deposits during 2015 will automatically receive one entry into the competition to win a family trip to California’s Disneyland. The prize includes return airfares, five nights accommodation, transfers and three days park entry for up to two adults and two kids, plus AUD$2,000.00 spending money.

For more information, visit commbank.com.au/schoolbanking

THOMPSON ROAD CLINIC

General Practitioners    Dental    Podiatry
Diabetes Educator    Dietician    Psychology
Speech Therapy    Pathology    Physiotherapy

Radiology Now Open

Cranbourne’s Family Friendly Medical Clinic
BULK BILLING
For all Under 16’s & Pensioner & Health card Holders
Ph 5996-9000
Cnr Thompson & Woodbine Road Cranbourne
Visit us at www.thompsonroadclinic.com.au
Growing Great Kids
For parents & Carers of primary school aged children
When: 7.00pm – 9.00pm
Tuesday 17th February – 24th March
Where: Timbarra Community Center
Parkhill Drive, Berwick
Who: Parents, grandparents, step-parents or carers
Bookings & Enquiries: Sandra Phillips at Parentzone
Ph: 1300 984 011 or 0447 500 355
Sandra. Phillips@anglicarevic.org.au

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Connections – Tuning in to kids
Are you on the same wave length with your child or the children in your care.
A parent/carer’s program in 6 sessions to help you tune in to
the child in your care
Who: Parents/carer’s of young children up to 10 years of age
When: Tuesday 17th Feb – 24th March
Where: Connections Uniting Care, 55 Webb St Narre Warren
Cost: Gold coin donation. Bookings Essential
Contact : Judy Chu 03 9704 8377 or
Megan Clarke 03 5990 8400

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Cranbourne ADHD Support Group
For enquiries ring Flora or Ann at Cranbourne Information &
Support Service on 5996 3333
Meetings for 2015 are as follows;
Feb 12th July 23rd
March 12th Aug 20th
April 23rd Sept 17th
May 21st Oct 15th
June 18th Nov 12th
Dec 3rd (Xmas Party)
Time 10.00am – 12.00pm
@ Cranbourne Community House
49 Valepark Cres, Cranbourne
Cost: Gold coin donation

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Mums or Dads WANTED
For a focus group in Cranbourne

Next Thursday morning 19/02/15

.....................................................

(we will not sell you anything & you will be paid
for your time)
Telephone 9749 8714 or

.....................................................

Supper Soccer Kids
S.S.K is a soccer clinic for boys & girls between
the ages of 5-12 to come & learn the skills of the
game in a fun &
enjoyable environment.
Every session runs for 45 minutes
with activities that will develop their skills in dribbling,
passing, controlling the ball and working in a team. Every
session will also end with a game. S.S.K is run during every
school term and all sessions are indoors, so no matter what
the weather is like it will always be on.
For clinic locations, session times and fees, please call Greg
on 0413 919 727 or email at
supersoccerclinic@gmail.com

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Crystal Temptations
Healing Crystals, Salt Lamps, Chakra Products,
100% natural soy candles
Christmas is only around the corner. Are you looking for a small
gift for a teacher, sporting coach, staff etc. Or even looking at
making a hamper?
Let Crystal Temptations help you at affordable prices or to the
amount you would like to spend.
Find us on Facebook / Gift Vouchers also available
Merry Christmas
Located Cranbourne North
Phone Kylie 0478 271 852

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With every $25 spent you help the school achieve a
$1 Cranbourne Cash Reward that will be put towards
our monthly total. Just
mention our school name at the time of purchase for
our school to redeem this cash reward
For further information regarding to this program
please
contact Angela or Marcus at The Good Guys
Cranbourne
on 5991 6000
or email: promotions016@thegoodguys.com.au

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Cathy – Lea Dance Works
5/15-19 Vesper Drive, Narre Warren
Cathy-Lea Music & Drama Works
3/9-11 Vesper Drive Narre Warren

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## TERM 1 Lunch Order Form

**THIS IS A PRE-ORDER AND MUST BE RETURNED BY TUESDAY 17th NO LATER THAN 9:30AM.**

**Date: Friday 20th February**

Please tick

<table>
<thead>
<tr>
<th>Lunch Choices</th>
<th>Choice</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Steak Sandwich (bread, lettuce, cheese, sauce,</td>
<td>Steak Sandwich (bread, lettuce, cheese, sauce, steak)</td>
<td>$3.50</td>
</tr>
<tr>
<td>steak)</td>
<td>Cold Meat and Salad (ham, strasberg, lettuce, cucumber, tomato, cheese,</td>
<td>$5.00</td>
</tr>
<tr>
<td></td>
<td>carrot, dressing)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Home Made Nuggets and Salad (lettuce, cucumber, tomato, cheese, carrot,</td>
<td>$5.00</td>
</tr>
<tr>
<td></td>
<td>dressing)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Hamburger (meat pattie, cheese, lettuce, tomato, sauce)</td>
<td>$3.00</td>
</tr>
</tbody>
</table>

### Snack Choices

<table>
<thead>
<tr>
<th>Choice</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jelly Cup</td>
<td>$1.00</td>
</tr>
<tr>
<td>Banana Caramel Muffin</td>
<td>$1.00</td>
</tr>
<tr>
<td>Fruit Salad</td>
<td>$2.00</td>
</tr>
</tbody>
</table>

### Drink Choices

<table>
<thead>
<tr>
<th>Choice</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Milk $1.50</td>
<td></td>
</tr>
<tr>
<td>Chocolate</td>
<td></td>
</tr>
<tr>
<td>Strawberry</td>
<td></td>
</tr>
<tr>
<td>Honeycomb</td>
<td></td>
</tr>
<tr>
<td>Juice Apple</td>
<td>$1.00</td>
</tr>
<tr>
<td>Tropical</td>
<td></td>
</tr>
<tr>
<td>Orange Juice</td>
<td></td>
</tr>
</tbody>
</table>

**Total**

Please place order and money in a paper bag. Limited stock is available over the counter.

Please be aware that some items may contain traces of dairy products, eggs and or nuts. If your child has allergies or intolerances please contact the canteen via the office for information on all items available.

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**Bernard Mangakahia Mana – The Spirit of Polynesia. / Harmony Day at Rangebank PS**

**Date – Monday 23rd March, 2015 at Rangebank PS**

Bernard Mangakahia is from the Pacific Island Region who traces his family history and the culture through story and dance. Bernard’s show, title Mana - The Spirit of Polynesia embodies dance, music, multicultural themes, history, geography, the importance of learning about heritage and the power of self-belief and respect. Each culture is celebrated through dance, music and full audience participation.

The show has been known has the most powerful and inspirational show schools have seen.

The cost $6.00.

More information about when payment is due in the next few weeks.

Thank you

Well Being Committee