**Principals Page**

Welcome back to our final term in 2016.
The next weeks will be full of activities that will appeal to
many of our students. Swimming has begun for years
Foundation to 3. Year 5’s are looking forward to their camp early in
November, our Indian sister school visitors are arriving next week.
Foundation Transition begins 27th October. Please continue to read the
newsletter to keep up with what is happening at Rangebank otherwise you
may miss out on something special.

**Sister School Exchange**

On Tuesday next week, 8 children and 2 teachers will arrive from Delhi,
India and stay with us for 2 weeks. I would like to thank the parents who
have offered their homes as a host family for these students and also the
staff members who are providing for the 2 visiting teachers. It should be a
great experience for both the visiting students, our own students and the
wider school population. We are taking both the hosting students and their
guests to Healesville Sanctuary, Sovereign Hill and a city tour. The children
visiting are hoping for a real Australian flavour visit.

I know our parents will do a great job in providing for our visitors and I am
sure that other students will make them all feel welcome.

On Monday 17th October, a special day will be held to mark the Diwali
festival. There will be Indian dancers performing for the children in the
morning session followed by the appearance of the Consul-General Ms
Manika Jain at 12:30pm. We will be holding a special assembly for Ms Jain
after 12:45pm which parents are invited. This is again one of the many
special days in the life of Rangebank Primary. If you can, be part of it!

**Hats**

As usual, all children are expected to wear their hats this term. I understand
the need to wear hats early this week was not high but it is school policy
supported by our School Council and I would ask all students to wear a
school approved hat at school.

**Parents in rooms**

With our new approach to providing a relaxing and calming entry to school
each day, the doors to the classrooms will be open at 8:50. During this time
we ask parents to leave their children so that the teachers have an
opportunity to connect with the students. This will mean no meetings with
the teacher at that time. Please see the teacher prior to 8:50 or if the matter
is urgent, see a welfare officer or Assistant Principal/Principal or schedule a
meeting for after school. Your cooperation with this will be greatly
appreciated.

**Colin Anagy, Principal**

*Ready for a busy term 4कोलिन एंगे, प्रधान - एक
प्यास अवधि 4 के लिए तैयार*

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**Term 4**

**Monday 3rd October till Tuesday 20th December**

**Sunsafe Term**

Hats must be worn

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Thursday 6th October</td>
<td>FINAL CHANCE to order DVD’s For Pirates of the CurryBean Concert</td>
</tr>
<tr>
<td>Wednesday 12th October</td>
<td>Swimming Program For Grades Foundation 1, 2 &amp; 3 Week 2</td>
</tr>
<tr>
<td>Monday 17th October</td>
<td>Bollywood Dance &amp; music performance incursion</td>
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<tr>
<td>Thursday 20th October</td>
<td>Foundation Grade’s Orientation</td>
</tr>
<tr>
<td>Thursday 27th October</td>
<td>Grade 6 Excursion Parliament House &amp; Immigration Museum</td>
</tr>
<tr>
<td>Tuesday 1st November</td>
<td>Melbourne Cup Day Public Holiday</td>
</tr>
<tr>
<td>Wednesday 2nd-4th Nov</td>
<td>Grade 5 Camp Allambee</td>
</tr>
<tr>
<td>Tuesday 8th November</td>
<td>Curriculum Day</td>
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**OSHC**

Rangebank PS Before & After School care
Open Monday to Friday daily
Conducted at the school
Low fees, safety & security, great fun, breakfast daily-
healthy snacks & fresh fruit in the afternoon, homework
assistance.
Fiona Maulin – Program Manager
Phone 0423 166 628

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Our motto: **Dream, Believe, Strive, Achieve**
Our Vision: **To build a community of leaders and life-long learners.**
**Breakfast Club** is held every Monday from 8.00 to 8.45am

**FINAL CHANCE TO ORDER A DVD FOR**
**PIRATES OF THE CURRYBEAN CONCERT**
Cost is $25 Cash only!
*The company will be charging extra for late orders, costing $35 for a DVD.*

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**Wednesday 12th October**
Week 2 Swimming Program for grades foundation, 1, 2 & 3.

**Tuesday 17th October**
This year to celebrate India’s Festival of Light Diwali we have organised a Bollywood dance & music performance for all Grades on 17th October. The cost is $7 due by Thursday 13th October.

**Thursday 20th October**
Foundation Grades Orientation week 1 from 9:10am to 10:30am. Parent welcome morning tea in the staffroom and talk by a representative of the Commonwealth Bank about school banking.

**Thursday 27th October**
Grade 6 Excursion Parliament House & Immigration Museum. The cost is $15, due by Monday 24th October.

**Tuesday 1st November**
Melbourne Cup Day – Public Holiday.

**Wednesday 2nd-Friday 4th November**
Grade 5 Camp Allambee. A 3 day fully catered adventure camp. The cost is $235.00. Final payment due by Friday 14th October.

**Tuesday 8th November**
Curriculum Day Student Free Day.

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**Parents Advice**

**How to get the conversation started**

We teach our kids every aspect of health and wellbeing: healthy eating, road safety, water play and safety, enjoying nature and outdoors, good hygiene, oral care etc. But when it comes to human sexuality and preparing our kids for their sexual journey throughout life, many of us struggle. Some of us wish it wasn’t, but it is our role as parents to ensure children have enough accurate information about human sexuality.

**3 tips to get the conversation started**

1. **Just start talking! It is easier than you think.** Don’t avoid the topic, look for and use teachable moments:

   “Oh seeing that pregnant woman reminds me that I want to talk to you about the amazing way that babies are made, what do you know about this already?”

   “They just mentioned rape on the news – do you know what that means? Rape is about power over another person, forcing someone to do something sexual, it is illegal…”

2. **Remove your layers of adult thoughts about sex.** An adult’s sexual journey and perceptions about sex ‘get in the way’ of the simplified conversations you need to have with your kids.

3. **Be the main sexuality educator for your children.** You must fill the natural and normal curious space in their minds otherwise pornography and our sexualised culture will.

**NEW Webinar Series - Talking to kids about sex and respectful relationships**

I’m running a must-attend webinar series with expert sexual health nurse & educator, Vanessa Hamilton that will be invaluable for parents, carers and teachers. Learn how to have open, honest and age-appropriate discussions with children about body safety, sex and respectful relationships.

Over two evening online sessions Vanessa and I will cover the following:

- **Age appropriate** childhood sexual development and behaviour
- **How to talk to kids** about sex
- **Common parent myths and fears**
- **Benefits of teaching sexuality** from a young age
- **The impact of our sexualised society** on our kids
- **A guide to addressing curiosity and sexuality questions**
- **How to teach body safety** and the prevention of sexual abuse
- **How to encourage respectful relationships**
- **How to communicate the harms of internet pornography** to your children
- **Basic human rights regarding sexuality and how to empower children**
- **Answers to your questions**.
New Families Always Welcome

Open 7 Days and Late Weeknights
Corner Thompson and Woodbine Roads
Cranbourne North Vic 3977
PH: 5996 9000

We aim to provide a wide range of services for our patients in an affordable, caring and friendly environment.
We bulk bill pensioners, HCC holders and children under 16 years of age.

Our services include: General Practitioners, Physiotherapy, Podiatry, Dietitian, Dental, Speech Therapy, Psychology, Mental Health Nurse, Visiting Specialists, Industrial Medicine, Diabetes Education, Emergency Room, Pathology, Audiology, Mole Mapping, Radiology, Pharmacy and a Café.

WE ARE NOW AT RANGEBANK PRIMARY SCHOOL!
Who we are?
A Family Owned Private Tuition Company. We have been servicing the suburbs of Melbourne, Sydney and Brisbane for more than 15 years.

What we do?
Teach English and Mathematics for Prep to Year 10 students who require that extra help, or just wishing to learn in advance.

Where are we?
RANGEBANK Primary School on Saturdays during the School Term.
Class Times?
9.30am to 12.30pm and 1.30pm to 4.30pm

ENQUIRE NOW!
Web: www.nqt.com.au
Phone: 1300 791 878

123 Magic Parenting Program
Do you want to learn how to manage difficult behaviour better?

A 2 week program to assist parents to manage difficult behaviour in their children by incorporating the use of 1–2–3 Magic techniques.

Who is it for?
• Parents or carers of children aged from 2 to 12 years.

Place are limited so bookings are essential.
Please call Group Coordinator on 9785 3200 or email groups@windermere.org.au
Bollywood Jai ho! with Jamel Singh

Dear parents/guardians,

This year to celebrate India’s Festival of Light – ‘Diwali’, we have organised a Bollywood dance and music performance, for students, performed by a musical group named Bollywood Jai Ho! With Jamel Singh.

Bollywood dancing is enjoying unprecedented popularity due to the Bollywood film industry. Bollywood fuses rap, raga, Latin and hip-hop into a lively mixture of folk, classical, global and local traditions. This incursion allows an understanding of the history and the meaning behind the dances in a highly energetic interactive program. The costumes are colourful, authentic and tailor-made from India to give a special touch to these very popular presentations.

The Instructor- Jamel Kaur Singh

Jamel studied Classical South Indian, Bharatnatayum Dance since the age of 6 and has travelled to Singapore to further her studies in North Indian Kathak dance and Classical Indian vocal music and Tabla. Her upbringing in Punjabi folk dance, Bhangra, and interest in modern forms of dance such as hip-hop and Latin allows her to choreograph using traditional, folk and contemporary influences.

The event will take place on Tuesday 17th October 2016 before recess in the Multipurpose Room. The timings will be 9:15am to 10:15 am for Grade F-2 and 10:30am to 11:30 am for Grade 3-6.

The cost of this incursion is $7 and is due no later than Thursday 13th October.

Please complete the details on the envelope provided and return it with the payment. No money will be accepted after the due date.

Yours Sincerely,
Pooja Verma
TERM 4 Lunch Order Form  
THIS IS A PRE-ORDER AND MUST BE RETURNED BY TUESDAY 11TH  
NO LATER THAN 9:30AM.

Date: Friday 14th October

Name: ................................ Grade: ..................

<table>
<thead>
<tr>
<th>Lunch Choices</th>
<th>Price</th>
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<tbody>
<tr>
<td>Roast Chicken Roll with lettuce and mayonnaise</td>
<td>$3.00</td>
</tr>
<tr>
<td>Homemade Beef/Gravy Pies with sauce (2 per serve)</td>
<td>$3.00</td>
</tr>
<tr>
<td>Bakers Delight Cheesymite Scroll OR Cheese &amp; Bacon Roll <em>(please circle which one)</em></td>
<td>$3.50</td>
</tr>
<tr>
<td>Baked Potato with coleslaw, bacon, sour cream and cheese</td>
<td>$4.50</td>
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<table>
<thead>
<tr>
<th>Snack Choices</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jelly Cup</td>
<td>$1.00</td>
</tr>
<tr>
<td>Slice of Bakers Delight Cinnamon Log</td>
<td>$1.00</td>
</tr>
<tr>
<td>Zucchini Slice</td>
<td>$1.50</td>
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</tbody>
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<table>
<thead>
<tr>
<th>Drink Choices</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Milk</td>
<td>$1.50</td>
</tr>
<tr>
<td>Chocolate</td>
<td></td>
</tr>
<tr>
<td>Strawberry</td>
<td></td>
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<tr>
<td>Honeycomb</td>
<td></td>
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<tr>
<td>Juice</td>
<td>$1.00</td>
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<tr>
<td>Apple</td>
<td></td>
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<tr>
<td>Tropical</td>
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<tr>
<td>Orange Juice</td>
<td></td>
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<tr>
<td>Water</td>
<td>$1.00</td>
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<tr>
<td>500ml Bottle</td>
<td></td>
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<tr>
<td>Banana Smoothie</td>
<td>$2.00</td>
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</tbody>
</table>

Please add 20cents if you do not have your own brown bag to send

Total........................

Please place order and money in a paper bag. Limited stock is available over the counter. Please be aware that some items may contain traces of dairy products, eggs and or nuts. If your child has allergies or intolerances please contact the canteen via the office for information on all items available.

Dear Parents,
Welcome back to term 4. The countdown to Christmas is on and hasn’t it just flown by. We are excited to get back into routine, and enjoy many new activities and experiences at OSHC. I hope everyone has had a fantastic break and are feeling refreshed as I know the OSHC staff are. We are looking forward to seeing some regular faces back and hoping to meet many more new ones.

If you would like to take a look at our OSHC program please feel free to come past and spend some time with us and our current OSHC children, to get a feel for the service.

Regards
Fiona Maullin – Program Manager – PH -0423 166 628

What We Offer

Low Fees -from $15.50 BSC & $18.00 ASC- per session (excluding CCB and CCR) compared to other schools where costs begin at $20 & $26 per session

Safety and Security of your children as they do not leave the premises till picked up by you

Great, Fun, Interactive Programs led by Qualified, Caring and Supportive Staff

Breakfast daily- Healthy snacks & fresh fruit in the afternoon.

Homework assistance, reading, maths and sports
RANGEBANK PRESCHOOL

RELAUNCH/10 YEAR CELEBRATION!!

To all those families whose children attended
RANGEBANK PRESCHOOL!

You are cordially invited to attend the RELAUNCH of the new playground and join with Barbara in celebrating her 10th year!!

SATURDAY OCTOBER 15th, 9.30AM-2PM AT THE PRESCHOOL!

Jude Perera MP, State Member for Cranbourne District along with The HON. Jenny Mikakos, Minister for Youth Affairs, family and children; will be the special dignitaries to officially open the newly revamped playground at 9.30am! Entertainment and food will be provided! Barbara looks forward to you all helping her celebrate this momentous occasion!

For more details please contact the preschool on 59964633!