



Thursday, 7th March, 2019

Available to view in colour at

www.rangebankps.vic.edu.au



Rangebank Primary School Webpage Link

<http://rangebankps.vic.edu.au/>

Direct link to Compass Reporting

Login Page

<https://rangebankps-vic.compass>

RANGEBANK CALENDAR

Wed 30 Jan till Fri 5 April	Term 1 Dates
Wed 13 Mar	Grade 5 Beach Fishing Excursion
Fri 15 Mar	Interschool Sports
Mon 18 Mar	Harmony Day Excursion
Fri 29 Mar	Interschool Sports
Wed 3 Apr	Senior Choir Excursion
Fri 5 Apr	Last Day of Term School Dismissed at 2:30pm
Tues 23 Apr	Curriculum Day– Student Free Day
Fri 26 Apr	Interschool Sports G5&6
Fri 3 May	Interschool Sports G5&6
Tues 7 May	Grade 1-4 Swimming
Thurs 9 May	Grade 1-4 Swimming
Fri 10 May	Interschool sports G5&6
Tues 14 May	Grade 1-4 Swimming
Thurs 16 May	Grade 1-4 Swimming
Thurs 23 May	Grade 1-4 Swimming
Fri 24 May	Interschool Sports G5&6
Tues 28 May	Grade 1-4 Swimming
Thurs 30 May	Grade 1-4 Swimming Final day

Principal's Page



Dear parents,

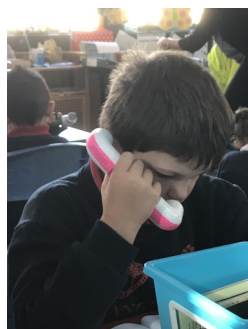
Unfortunately I am reporting on two incidents that occurred last week.

The first occurred over a weekend. A tandem trailer was stolen from the school. It was driven away at 7:21 am on Sunday morning. It was a very large tandem trailer with side cage. We purchased the trailer to transport our bicycles and push carts to the various events the school participates in. If you have seen our trailer, please contact Cranbourne Police as they have been given details of the trailer with some video footage.

Secondly, some people have made a serious mess of the senior boys toilets. This required the toilets to be closed and the boys have been asked to use the junior toilets until repairs have been made. Money that was to be used to purchase a basketball goal post for the senior area (to make a small basketball court) has had to be postponed until we raise enough funds again. If your children have heard anything about this damage, please let the school know.

Today we held our first playgroup meeting. The purpose is to discuss the time and agenda for the playgroup. Interested Mums came to discuss the chance of creating a group. Please let us know if you are interested.

The school has some crates, trays, a small trampet, a teachers desk available for suitable homes (our parents). If you are interested, it is first in best dressed until all gone. Photos on following page.



I visited a reading class yesterday and I saw a peculiar thing. Children are not allowed to use phones at school. What is he doing? If you are not sure, please ask your child, I'm sure they know!

PS. He is doing exactly the right thing and doing it very well.

Our Motto: **Dream, Believe, Strive,
Achieve**

Our Vision: **Rangebank - Teach, Learn**

Colin Avery - Principal - "the doors of wisdom are never shut" by Benjamin Franklin

ज्ञान के दरवाजे कभी बंद नहीं होते



Parenting Advice

Recently, I saw a mother give a simple, yet profound resilience lesson to her school-aged child, after he missed a much-anticipated excursion due to poor behaviour at school. Replying to the child's protests about teacher unfairness and his over-reaction to missing out on a learning opportunity his mum simply replied, "Oh well!" Then she busied herself with other tasks. The child stunned by her reaction, shrugged and headed off to complete his homework.

Adult reactions matter

It's in our reactions to children's and young people's every day mistakes, mess-ups, muck-ups and hurts where the real lessons in resilience lay.

The lessons for this child were simple but profound. "Oh well" meant:

- *Stuff happens*
- *Don't look for fault or blame*
- *Keep your perspective*

Pick yourself off and continue with what you were doing
How to react

The resilience lesson for this mother were equally as profound. When a minor mishap with a child or teenager occurs:

- *Match your response to the incident*
- *Stay calm and be positive*
- *Don't look for fault or blame*

Remember, stuff happens

Resilience lesson for parents – "Oh well"

Every day there are opportunities for parents to give their children lessons in resilience.

A child misses being picked for a team that he had his heart set on joining. "Oh well. Let's see how you go next time"

When a boy experiences rejection in the playground at school. "Oh well. You'll find that some people don't want to be your friend."

When a teenage girl doesn't get the mark she thinks she deserves in an assignment. "Oh well. Sometimes we don't get the marks we think we deserve."

Match your response to the challenge to promote resilience
There are times when "Oh well" won't cut it. When a child is bullied he needs your continued support.

When a student's continuous efforts at improvement are constantly met with criticism then you may need to act on his be-

half and meet with a teacher.

When a child always struggles to make the grade and is never picked for a team then you may need to help him make different choices.

These types of situations also present opportunities for daily lessons in resilience, but they require more parental support and teaching.

The resilience lessons learned are deeper and include concepts such as 'things will eventually go your way,' 'there are times when you need to seek help' and 'this too shall pass.' Promoting personal resilience focuses on helping kids cope with life's hurts, disappointments and challenges in the present, while building strengths for the future.

Daily lessons in resilience are everywhere. You just need to be ready to make the most of these valuable lessons when they come your way.

WHATS ON

Monday 11th March

Labour Day Public Holiday.

Wednesday 13th March

Grade 5 Beach & Fishing Excursion at Carrum Life saving Beach.

Friday 15th March

Interschool sports for grades 5 & 6, competing at Cranbourne Carlisle PS.

Monday 18th March

Harmony Day incursion. The cost is \$6. Please pay & consent on Compass.

Friday 29th March

Interschool sports for grades 5 & 6 at Rangebank PS.

Wednesday 3rd April

Senior Choir at Regis Aged Care.

Friday 5th April

**Last day of term –school dismissed
at 2:30pm.**

Tuesday 23rd April

Curriculum Day –student free day.

Wednesday 24th April

Students start Term 2

Thursday 25th April

Anzac Day-Public holiday.

Friday 26th April

Interschool sports for grades 5 & 6 competing at Tulliallan PS

Friday 3rd May

Interschool sports Grades 5 & 6 at Rangebank PS.

Tuesday 7th May

Grades 1-4 swimming at Casey Race.

Thursday 9th May

Grades 1-4 swimming at Casey Race.

Friday 10th May

Interschool sports grades 5 & 6 at Rangebank.

Tuesday 14th May

Grade 1-4 swimming at Casey Race.

Thursday 16th May

Grade 1-4 swimming at Casey Race.

Thursday 23rd May

Grade 1-4 swimming at Casey Race.

Friday 24th May

Interschool sports for grades 5 & 6 at Hampton Park PS.

Tuesday 28th May

Grade 1-4 swimming at Casey Race.

Thursday 30 May

Grade 1-4 Swimming final day.

Rangebank Playgroup

Rangebank is interested in offering a playgroup this year. Our first informal meeting will be next Thursday at 9:00am in Room 7 (in the junior building) until about 10:00am. There we can meet and discuss the general format of future sessions. If you are coming please let Brooke in the office know so that we are prepared for 1 or more people. See you then.

VIP photos



Our school leaders for 2019.

Congratulations to Sarthika S; Bella H; James B and Cooper G who were awarded their leadership badges by Mr Avery at last weeks assembly.

Mrs Debra Ignace with our swimming Champions who represented themselves and the school at the District Swimming Sports. Congratulations to all our swimmers and to Mrs Ignace for organising this event. Olivia D; Alexandra F; Hannah B; and Ranveer S.



We are proud of your efforts.

A State Champion. Do you know who this is?

It's Talhia R.

Well done Tahlia R.



A Big Thank You

A kind donation of a bike to our school bike program has been made. We are very grateful and look forward to many rides ahead.





Get on & Rock!



The Music Bus brings music to your school

The Music Bus is the teacher, instruments, curriculum and classroom (the bus!), all in one complete package; and it's now rocking at your school.

Tuition in Keyboard, Ukulele, Singing, Drums, Guitar and Rock Band.



guitar keyboard drums ukulele singing rockband

Only \$16 per week (Drums \$18).

The Music Bus offers modern and rock-style courses, using well-known songs backing tracks, games, awards and much more to truly engage with students.

"It's so great being at school. They're learning something new each week and the rapport the teacher has with the kids is wonderful."

Sarah, Parent, NSW

BOOK NOW!

Phone 1300 168 742 or

visit www.themusicbus.com.au

Limited space available so be sure not to miss out.



Sean Choolburra

Sean Choolburra is, without a doubt, one of Australia's most loved and acclaimed Indigenous performers.

The Performance

Charismatic, vibrant and captivating, Sean fuses his engaging energy and humour with historical facts, spiritual wisdom, depth of ancestral understanding and knowledge; he is an every exciting and talented cultural ambassador.

Dance – stories – painting – film creation – didgeridoo playing – all are presented with a wonderful array of artefacts, from fishing nets to hunting shields.

About The Performer

Sean Choolburra was born and raised in Townsville and his ancestors are Gu-Gu-Tindjil, Kulkadood, Kandi and Ngoolman from around Townsville and Palm Island.

Sean trained and toured internationally with the Gungah Dance Company and was the creator and leader of the Parnoo Dance. His performances are hugely entertaining and filled with humour, and as his career continues to flourish, he is in demand for corporate and public events as an accomplished professional MC and comedian.

He has toured schools and colleges throughout Australia, Canada, Japan and New Zealand for over 20 years with his unique cultural program.

Check out Sean on YouTube: <https://www.youtube.com/watch?v=ANUGCFLU>

"Absolutely brilliant! Excellent cultural information delivered in an entertaining and humorous manner. He had both adults and children in the palm of his hand!"
- John Green, Chairman (City of Mount Garra) Primary School, NSW

Cost: \$100 plus GST per student

Includes: 100 min live performance

100 min 10 min 10 min plus GST



Bookings & enquiries: 08 9411 1111 or www.nexusworld.com.au
Email: bookings@nexusworld.com.au or info@nexusworld.com.au



PARENTS BUILDING SOLUTIONS

GROWING GREAT KIDS

ARE YOU TIRED OF YELLING?

How to get kids to listen, without having to yell

DEALING WITH ANGER

Helping parents, helping kids deal with frustration and anger

STRATEGIES

Discuss and share strategies that work

CHILDREN'S SCHOOL

Understand the challenges you kids face in school

SELF CARE

How to cope with stress & emotions



DATES:

Thursdays 21, 28 February
and 7, 14, 21 & 28 March 2019

TIME:

9.30am to 12.00pm

WHERE:

Cockatoo Primary School
19-33 Belgrave-Gembrook Road,
Cockatoo VIC 3781

COST:

FREE

FOR BOOKINGS AND ENQUIRIES CONTACT:

Naomi Dewar 03 5968 8017 or Jasbir Singh 0431 203 11
or text your name to register.
Email: cockatoo.ps@edumail.vic.gov.au or
jasbir.suropada@anglicarevic.org.au

Experience Casey

FREE EVENT on Saturday 16 March 2019

- » Immerse yourself in the sights and sounds of many cultures
- » Take part in workshops and enjoy live demonstrations and entertainment
- » Taste food from different cultures



Celebrate and experience Casey's diverse community

1.00 pm - 5.00 pm

Bunjil Place

Patrick Northeast Drive, Narre Warren



GROWING GREAT KIDS

PARENTS BUILDING SOLUTIONS

A program for parents, grandparents, step parents & carers.

ARE YOU TIRED OF YELLING?

How to get your kids to listen, without having to yell

DEALING WITH ANGER

Recognising the causes and triggers for anger

RELATIONSHIPS

How can parents build a better relationship with their kids?

STRATEGIES

Discuss and share strategies that work

DATE: Fridays 1, 8, 15, 22, 29 March & 5 April 2019.

TIME: 9.30am - 12.00pm

WHERE: Rosewood Downs Primary School
Murray Rd, Dandenong North

COST: **FREE:** Bookings essential
(Refreshments provided)

BOOKINGS: For bookings and enquiries contact:
Deborah Lucas - 9795 3744
Email: lucas.deborah.s@edumail.vic.gov.au OR
Jasbir Singh at Parentzone on 0431 203 177
(Simply text your name in to register)
Email: jasbir.suopada@anglicarevic.org.au



Students of the Week

FA Kruze Arnel
FB Eli Adams
FC Eli Adams

1A Callum Finocchiaro-Wagner
1B Tye Bicchierai
1C Aurora Rawle

2A Elayna Tawhiti
2B Rory French
2C Deepen Arulganesh

3A Krund Patel
3B Abby Wishart-McGregor

4A Junior John
4B Tyler Maxwell

5A Linda Gatluak
5B Ethen Field

6A Josh Bhatia
6B Cooper Gray
6C Sam Dare- Knight

Hindi Foundation A

PE Foundation B

STEM 4B

Art 4B

PARENTS BUILDING SOLUTIONS

For parents, step-parents, grandparents & carers
of children aged 3 - 13 years



Join us in an interactive program to share experiences and ideas, and learn strategies to support your child

ARE YOU TIRED OF YELLING?

How to get kids to listen, without having to yell

DEALING WITH ANGER

Helping parents, and kids, deal with anger and frustration

RESPONDING TO BEHAVIOUR

Better understand why children behave the way they do

STRATEGIES THAT WORK

How can parenting be easier and more fun?

DATES: Tuesday mornings
19th February to 30th March
(8 weeks)

TIME: 9.30am - 11.45am

WHERE: Rangesbank Primary School
14-16 Leaden Avenue
Cranbourne

COST: **FREE** - Bookings Essential
Refreshments provided

BOOKINGS AND ENQUIRIES:
Sandra Phillippe at Parentzone
03 9945 2000 or call/text 0447 600 355
sandra.phillippe@anglicarevic.org.au



03 9945 2000
anglicarevic.org.au

SEVEN
TOMORROWS

Student Banking

Student Banking is every
Tuesday morning.

Every 10 weeks of school
banking you can order a
prize.

Each term there are new
prizes to choose from.

If you have not enrolled but
would like too, go into any
Commonwealth branch &
open up a Dollarmites account
or apply online.

Parents Please Note! the
school does not carry any
change if you need to
change larger notes.

If you cannot pay via
Compass, you can pay by
eftpos, BPay or bring in the
correct money.

There is sufficient time
given in preparation for
correct money to be sorted
for payments



INTERSCHOOL SPORT – GRADE 5 and 6

UMPIRES/REFEREES NEEDED

**SPORT
IS FUN**

This year the grade 5 and 6 students will be participating in interschool sport and will be competing against 7 primary schools which are Rivergum, Hampton Park, St Francis, Tillialan, Coral Park, St Keyins and Cranbourne Carlisle.

The students will be competing in T-Ball, Soccer, Netball, Cricket and Volleyball in Term 1 and 2.

Our games in term 1 are on the 15 March and 29 March from 9 to 11am.

We need help with umpiring this year. If you have some time and are available, know the rules and can help with umpiring please contact Mrs Ignace.



FREE FISH TANK LOOKING FOR NEW HOME

If you are interested in the fish tank
notify Brooke in the office .
You may view the fish tank after school..
First person to show interest & want the tank
will receive it..




Rangebank Primary School OSHC
before and afterschool care
enquiries@rangebankoshc.com.au

Kaity 0423 166 628
Rose 0413 137 571



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caseykids carnival

Saturday 30 March 2019
11.00 am – 4.00 pm
Akoonah Park, Berwick

Live performances
Interactive activities
Market stalls
Roving entertainment
Face painting
And FREE rides

For more information visit casey.vic.gov.au/casey-kids-carnival
City of Casey: 03 9705 5200 | NRS: 133 677 | TIS: 131 450



TERM 1 Lunch Order Form

THIS IS A PRE-ORDER AND MUST BE RETURNED BY TUESDAY
NO LATER THAN 9:30AM.

Date:

Name: Grade:

Please tick

Lunch Choices

.....	Hot Dog with Sauce	\$3.00
.....	Salad/Ham Roll (ham, lettuce, tomato, cucumber, cheese, carrot)	\$3.50
.....	Oven Baked Wedges with Sour Cream and Salsa	\$4.00
.....	Homemade Fried Rice	\$4.50

Snack Choices

.....	Pancakes (2 per serve)	\$1.00
.....	Jam Lamington	\$1.00
.....	Zucchini Slice	\$1.50

Drink Choices

Milk \$1.50 Chocolate Strawberry..... Honeycomb.....

Juices \$1.00 Apple..... Tropical..... Orange Juice.....

Water \$1.00 500ml Bottle..... Berry Smoothie \$2.00.....

Please add 20cents if you do not have your own brown bag to send

Total.....

Please place order and money in a paper bag. Limited stock is available over the counter

Please be aware that some items may contain traces of dairy products, eggs and or nuts. If your child has allergies or intolerances please
contact the canteen via the office for information on all items available.